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## Dr Shodjaee Newsletter

Homeopathy May 2006

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**Dear Ralph,**

Homeopathy offers treatment of many acute dental related diseases such as, dental abscesses, bleeding, teething, toothaches, dental trauma, apprehension of dental visit, and post operative remedies. Homeopathy also can be very useful for the treatment of chronic dental problems such as TMJ disorders, periodontal disease, bruxism, and tooth decay.

### Dentistry and Homeopathy



The Dental profession is becoming increasingly aware of the indivisibility of dental health and overall health. The teeth, the tongue, the gingiva, the lips, the salivary glands, etc, are all integrated with the rest of the body via the nerves, the blood and lymphatic circulation, glandular secretion, acupuncture meridians, the connecting bones and joints and by the digestive tube which extends from the mouth to the anus.

Because of the mechanical nature of most dental therapeutic procedures it may occasionally be convenient to forget that the mouth we are treating is connected to a vital, breathing, thinking, feeling human being. Yet the profound interrelationships between the mouth and the rest of the body have been recognized in the scientific literature of the West for several decades and by the Chinese for some fifty centuries.

Perhaps less widely appreciated but, I maintain, more frequent in occurrence are those systemic maladies which result from oral sources, ... such as constipation of the TMJ patient due to his impaired chewing ability, or the migraine headache of a mercury hyper-sensitive patient provoked by a mouthful of amalgam (50% mercury), or the abdominal rash of the nickel-hypersensitive person that just had a nickel crown placed on a tooth. In these cases, ironically, the patient traditionally must seek the treatment of a physician because of the systemic nature of illness despite their oral origins.

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### What is Homeopathy?

Homeopathy is an original method of treatment that is effective in treating most disorders of the body. This method is based on a pharmacological law called the "Law of Similars". This "law" was presented to the world in 1796 by Samuel Hahnemann, a German physician. He described it in this manner: "Any substance that produces specific toxic symptoms in a healthy person when given in its full strength form, will cure a sick person with those same symptoms when given in a very diluted, minute form." The philosophy accompanying this method of treatment sees illness as the manifestation of a complex defense mechanism at work in the body. This defense system was called the Vital Force by Hahnemann. Homeopathic treatment aims at strengthening and redirecting the vital force to restore health safely without side-effects.



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### What can Homeopathy do for you?

Homeopathy not only offers relief from temporary disorders but can provide an in-depth healing of a person due to its individual and "wholistic" approach. This type of healing makes it easier and possible to avoid recurrence or relapses in the future and, in this instance, homeopathy stimulates the body's natural defense system by reestablishing normal immune system and cell functioning. Homeopathy is effective in treating various acute disorders as well as chronic illnesses. All functional troubles can be helped by this type of approach. Irreversible or degenerative conditions cannot be completely cured by homeopathy. However, homeopathy can play an important role in such cases by providing physical as well as psychological support which will aid the body in defending itself against the disease and further degeneration. The real advantage of homeopathic medicine is that it works safely to heal the whole body. In most cases, homeopathic and conventional treatments are compatible and in fact, may be of benefit when used together. In these instances, homeopathy can be used in conjunction with other therapeutic methods either to decrease the toxic effects or to treat the general state of the patient.

As many of you are aware, my journey in Biological Dentistry has been a product and influence of my own homeopath team Patty Smith and Rudi Verspoor and in particular my homeopath wife Laurie Zrudlo. I am thrilled to announce that Laurie and I will be practicing under the same roof starting sometime in the fall of 2007.



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