



Nutri-Energetics Systems

Pioneering Biophysics, Revolutionizing Healthcare

www.nutrienergetics.com



Client Information Manual

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Welcome to the **Nutri-Energetics Systems® NES** well-being programme
- a radical new method for evaluating and promoting holistic wellness

This brochure gives you an understanding of NES therapy, the consultation process and the use of the Infoceutical® drops. It also provides useful information on the new concepts utilised in the NES approach.

About the developers

Peter Fraser



Peter has devoted the last 30 years of his life to developing the pioneering science behind the NES system. He has a professorship from writing the first acupuncture course at Melbourne University and extensive knowledge of biophysics, western medicine and eastern healing modalities.

He has meticulously pieced together the theory of the 'human body field' - the body's master control system, on which NES technology is based, and successfully rid his body of chronic fatigue syndrome, using the powerful capabilities of the NES approach.

Harry Massey



Harry was so impressed by Peter's work that he formed the NES company and developed a version of the system which any professional healthcare practitioner can use easily. Under Harry's guidance, the NES system is now in regular use by hundreds of practitioners, in many countries, and is benefiting thousands of people.

Harry also suffered with severe chronic fatigue syndrome, from which he (likewise) made a dramatic recovery - using Peter's approach.



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About NES Therapy

NES therapy offers a revolutionary, new approach to evaluating and promoting wellness and is based on the concept of the 'human body field'.

The Science of NES

This science has been used to develop a pioneering range of information-encoded preparations known as Infoceuticals - designed to activate the body's natural healing and detoxification processes, restoring well-being and vitality.

Many thousands of people from around the world have reported significant positive changes through NES therapy, including:

- ➔ **Improved Health**
- ➔ **Deep, restful sleep**
- ➔ **More energy**
- ➔ **Improved digestion**
- ➔ **Improved skin condition**
- ➔ **Reduced pain and discomfort**
- ➔ **Improved blood-sugar regulation**
- ➔ **Mental clarity**
- ➔ **Calmer emotions**
- ➔ **Tolerance to stress**

The aim of NES therapy is to return integrity to the 'human body field' and support the body's inherent natural ability to heal itself at a chemical, physical, mental, emotional and informational level.

While NES therapy can be used to find relief from acute and chronic symptoms, it is also a powerful preventative measure, correcting imbalances as they arise, allowing you to stay healthy over the long term. NES can be considered as part of a daily healthcare plan.



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Your NES Consultation

Your NES practitioner is a qualified health care professional who has undertaken additional training in NES therapy. Their job is to develop a trusting relationship with you, allowing you to feel comfortable with them and the NES therapy approach.

At the Clinic

After completing a confidential health questionnaire, covering your current symptoms and medical history your practitioner will be in a position to fully understand your case.

Wellness Evaluation

The evaluation process involves resting your hand on a palm-sized body field scanner and waiting a few moments, while the automated evaluation process is completed. This is a completely safe procedure, using a passive scanning process - no signal or voltage is emitted, your 'human body field' is simply read (similar to eyes reading a book). You remain fully clothed and will feel nothing. After just a few moments, the full scan report will be displayed on the computer screen which will outline Infoceutical recommendations.

Well-being Report

This comprehensive report details over 150 factors about your health, including:

- ➔ **Body organs**
- ➔ **Acupuncture meridians**
- ➔ **Nervous system**
- ➔ **Digestive system**
- ➔ **Environmental toxins**
- ➔ **Nutrition status**
- ➔ **Emotional balance**
- ➔ **Joint issues**

Your NES practitioner will explain the report and what it indicates about both your health and 'human body field'.



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Scanning the 'Human Body Field'

The NES scanning method uses a highly advanced process, based on biophysics science, to read the 'human body field' map.

It does not involve testing blood, saliva, urine, taking pulses or dermal readings - or any other form of conventional testing.

The Information Structure Matching Process

NES uses an 'information structure matching process', based on the phenomenon of 'quantum entanglement' - to determine the integrity of the 'human body field'. For a more technical explanation, please refer to the NES website or read the book 'The Unturned Stone' - your practitioner should have this in stock, alternatively you can view the 'NES Explained' video by going to www.nutrienergetics.com/media.

More simplistically, by analogy, the NES scanning device (the grey box) can be considered as a radio antenna (aerial), tuned to the 'human body field'. The scanning process is like a radio scanning through the radio stations, with the signal strength for each station indicated by the bar graph.

In reality, the NES scanning process does not rely on any form of radio, electrical or vibration signal, but involves unravelling the intricate information structure of the 'human body field', like flattening out a crumpled map.

NES research has shown that during its return to wellness, the body follows a preferred sequence - or order of recovery. Your NES scan will indicate the sequence which will work best for you, according to the state of your unique 'human body field' at that time. As you use the NES Infoceuticals and have a subsequent scan, the new report will reflect the changes in your 'human body field'. Each scan probes into more layers to reveal deeper aspects to your state of well-being.



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The NES Infoceutical Drops

The 'human body field' issues identified in the NES scan report are addressed using the NES Infoceutical drops. These are created to once again establish integrity of the 'human body field'.

They are safe, effective and simple to use.

What are the Infoceuticals?

The active part of the NES Infoceuticals is not chemical (herbal, nutritional or pharmaceutical) in make up - neither is it a homeopathic preparation or flower essence. Instead, the NES Infoceuticals contain micro quantities of colloidal minerals, whose subatomic structure has been 'encoded' with information which connects to the 'human body field'.

The encoded Infoceuticals have been designed to interact directly with the 'human body field' and remove or resolve blockages caused by shocks, traumas, toxins, emotional issues and so on. By clearing these blockages, the integrity of the body's master control mechanism is restored and its inherent healing ability returned to an optimum state.

There are 62 NES Infoceuticals in total, supplied in 20ml dropper bottles, containing filtered water, encoded minerals and 5% alcohol. There are five types of NES Infoceutical.

Types of Infoceuticals

At your first consultation you can expect to be given 3-5 NES Infoceuticals including:

Big Field Aligners

These correct the misalignment between the 'human body field' and the natural fields associated with gravity and magnetic poles.

Energetic Drivers (EDs)

These are designed to energise the 'human body field', initiate detoxification and promote correct organ level activity.

From your second visit onwards you may be given:

Energetic Integrators (EIs)

These help integrate the balance of acupuncture meridians, mental functions and emotional communication in the body.

Energetic Terrains (ETs)

These are designed to clear energetic disturbances in tissues of the body.

Energetic Stars (ESs)

These are used in cases where there are major blockages within the body's metabolic pathways and survival mechanisms. They represent the most powerful level of NES therapy and are used only when the previous NES Infoceuticals have not fully corrected the 'human body field' errors.



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The NES Well-being Programme

At your initial consultation your practitioner will determine a personalised programme based on the scan report utilising the NES Infoceuticals to correct issues with your 'human body field' which in turn supports your well-being.

Your programme will usually involve taking 4 to 5 different Infoceuticals over a period of a month. The number of drops varies from 3 to 28, depending on the strength required.

Taking the Infoceuticals

On starting your programme, you will take the NES Infoceuticals by dispensing the required number of drops into a glass of water, by tapping on the inverted bottle. When opening a new bottle, it requires a few strong taps to get the first one or two drops out, after which they drop out uniformly by holding the bottle at an angle. When taking several Infoceuticals on the same day, it is better to have 10 minutes between one and the next. The drops can be taken with food, drink or nutritional supplements and at any time, although taking them at set times during the day will aid remembering to take them.



The Effects

The main general effect which people notice is a feeling of 'well-being', soon after starting the Infoceuticals. However, you may experience some mild, temporary detoxification reactions, such as flu-like symptoms, perspiration, body odour, change in colour of urine and stools.

Some people report more dreams and realisations about themselves. These are a reflection of your 'human body field' working more effectively and are positive signs.

By restoring your 'human body field's' function, the body's natural healing processes will start to address the more specific complaints from which you may be suffering. Although you may notice improvements in your health quite quickly, it may take several months (or longer) for your body's healing mechanisms to get you back towards full health, depending on the severity of your symptoms.

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The NES Well-being Programme

Follow Up Consultations

Follow up consultations are normally on a monthly basis to determine changes to your NES Infoceutical programme and to continue to support your body, as it restores to optimal functioning. A new set of NES Infoceuticals will be indicated at this time. For acute cases or those who wish to speed up the healing process, you may be rescanned after two weeks. For preventative and anti-aging, we recommend every two months. However, you may want to be rescanned more frequently, for quicker results.

Understanding the NES Report

The results from the NES scan are displayed as a series of computer screens, giving readings on different aspects of your 'human body field'. The priority of each of the 145 readings is indicated by coloured bar graphs. A clear graph indicates no priority, while red indicates high priority and colours in between indicate variations between these.

It is important to understand that the NES readings point to the areas in your 'human body field' that most require attention at the time of the scan and are not an indication of levels in the body. By addressing these, your body is getting the support where it needs it most.

By analogy, the NES scan is like testing for the weakest link in the chain - NES revealing the weakest links in your 'human body field'. By strengthening the weakest link, the whole chain becomes stronger. By strengthening the 'human body field', the body's healing ability is optimised and better able to heal itself. NES is not a symptom-based approach - it is a truly holistic method, aimed at harmonising the body which, in turn, promotes good health.



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Your Infoceutical Programme

Your practitioner will give you a chart similar to the one below, detailing how many drops of which Infoceutical to take, for each day of your programme.

You can record observations about yourself in the boxes along the bottom of the chart and discuss these with your practitioner at your next appointment.

Your Infoceuticals are listed here in order in which they should be consumed

The required number of drops to be taken for each Infoceutical is written here. eg 15 drops of ED1 on Day 20

| | DAY | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|------------------|----------|--|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| A | Polarity | 6 | 6 | 6 | 6 | 6 | 6 | 9 | 9 | 9 | 9 | 9 | 9 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 |
| B | ED1 | | | | | 6 | 6 | 6 | 9 | 9 | 9 | 9 | 9 | 9 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 |
| C | ED5 | | | | | 6 | 6 | 6 | 9 | 9 | 9 | 9 | 9 | 9 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 |
| D | ED6 | | | | | 6 | 6 | 6 | 9 | 9 | 9 | 9 | 9 | 9 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 15 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 | 28 |
| E | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| F | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Clients Comments | | <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"><i>felt tired</i></div> <div style="text-align: center;"><i>lots of energy</i></div> <div style="text-align: center;"><i>pain subsided</i></div> </div> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Enter observations about yourself as the programme progresses, eg felt tired, lots of energy, pain subsided etc. These can be discussed with your practitioner on return.

How NES Complements other Therapies

Although NES therapy is a complete and highly effective well-being system in itself, hundreds of NES practitioners around the world have noted, when used in conjunction with other holistic therapies, that the effects of these are noticeably enhanced.

Some examples are listed below.

Osteopathy/Chiropractic

Muscle and joint workers have noticed that articulation and muscle corrections are easier to perform and tend to be longer lasting for clients, when on the NES programme.

Acupuncture

Therapists often comment on how the body responds better and rebalances more effectively when NES is used in conjunction with acupuncture treatment.

Homeopathy

Homeopaths report that while they may use homeopathic preparations for people with 'classically' presenting symptoms, they prefer to use the NES approach to resolve more complex cases.

Nutrition

The absorption and assimilation of nutrients appear to be significantly enhanced with NES therapy.

Physical Fitness

Personal trainers have noted how body fitness, strength and stamina are enhanced when training is combined with NES therapy.

Counselling

The resolution of emotional conflicts, mental issues and addictions have been noted to be noticeably easier for clients, when taking NES Infoceticals.



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Helping Yourself

NES therapy is powerful and can bring about profound changes in your well-being. However, it is important to help yourself to maximise this process.

Change will involve letting go of something old (eg pain, sickness, tiredness, toxins and emotional issues) and take on something new (feeling better, fitter and of clearer mind).

Spring Cleaning

This effective 'spring clean' of your body (preparing for the new) involves the processes of 'detoxification' - the dislodging of toxins of a physical, emotional or memory nature from their refuge and the 'elimination' and 'letting go' (excretion) of those toxins from the body.

You may experience some of the following as a result of these processes. However, many people do not experience any:

Nausea/appetite changes, diarrhoea or change in colour or smell of stools, nasal discharge, headaches/fuzzy feeling, increase in urination and change in colour or smell, emotional outbursts, crying, old stresses recurring, vivid dreams, disturbed sleep, flu-like symptoms, skin eruptions, excess tiredness and fatigue, fever, excessive perspiration, changes in body odour, coated tongue and temporary recurrence of old symptoms.

If you experience a reaction mentioned left or if you have any other reaction please talk to your NES practitioner for reassurance.

The detox and elimination process is safe and does not interfere with medication or other supplements which you may be taking, but can sometimes be uncomfortable. If you consider that the reaction is too strong, stop taking the Infoceuticals for three days and then restart at a reduced dose. If in doubt, contact your practitioner.

To reduce the likelihood of experiencing these reactions, your practitioner may advise you to do some of the following:

- ➔ **Drink more water**
- ➔ **Relax**
- ➔ **Skin brushing**
- ➔ **Gentle exercise**
- ➔ **Laugh**
- ➔ **Sleep**
- ➔ **Steam bath**
- ➔ **Cleaner diet**
- ➔ **Deep breathing**
- ➔ **Massage**

Helping Yourself (continued)

Setting a Goal

The effectiveness of any activity is enhanced if you set a goal and identify what you wish to achieve. By bearing in mind your health goals as you take the NES drops, you will help to focus the process of change.

It is also important to realise that you are a partner with your practitioner, in getting back to full health; therefore, the more you learn and put into practice about health, the better!

Your NES Practitioner

All **Nutri-Energetics** practitioners are qualified practitioners in their own right and include acupuncturists, chiropractors, herbalists, medical doctors, naturopaths, nurses, nutritionists, osteopaths etc. They are bound by codes of conduct and ethics and undergo additional comprehensive training in using the NES system and Infoceticals. Once a practitioner has completed the NES training (taking several months) and has passed the assessments, he/she becomes registered as a **NES-Certified Practitioner (NESCP)** and will have an individually numbered certificate to denote this.



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Important Notes on Taking NES Infoceuticals

Please bare the points below in mind when taking the NES Infoceuticals!

Your Infoceutical Protocol

- ➔ **Take each Infoceutical in the order listed on your program**
- ➔ **Take each Infoceutical separately**
- ➔ **Place the indicated number of drops in a glass of water and drink immediately**
- ➔ **Leave at least 10 minutes between taking each Infoceutical - they may be taken with food or drink if desired**
- ➔ **If you notice a mild reaction at any dosage level, stay at that level and do not exceed**
- ➔ **If you notice a strong reaction then consult with your NES practitioner**

Detoxification

During the first seven to ten days of starting Infoceuticals, you may experience symptoms of detoxification, such as flu-like symptoms, excess fatigue, mild fever, strong changes in the colour or smell of the urine, irritability, skin eruptions etc - these are positive signs.

However, if you are uncomfortable, stop the Infoceuticals for three days and then resume at a reduced dosage. This will slow down the detoxification process, which is safe, but can be taxing on the body. If you are unsure what to do, contact your NES practitioner.

The NES Infoceuticals will not interfere with other supplements, prescription drugs or herbal preparations.



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What can go wrong with the 'Human Body Field'?

The 'human body field' is largely able to maintain itself but persistent or large effects such as:

- ➔ **Toxins**
- ➔ **Shock**
- ➔ **Trauma**
- ➔ **Electromagnetic influence**
- ➔ **Emotional issues**
- ➔ **Geopathic stress**
- ➔ **Micro-organisms**
- ➔ **Allergens**

can cause significant distortions within the 'human body field' map which the body may have difficulty in fixing. These distortions result in a compromise to the regulation processes which govern life activities - this may, in turn, manifest as disease symptoms.

Conclusion

NES aims to detect these distortions and provide a helping hand, via the Infoceuticals, to aid the 'human body field' in correcting itself. As this happens, the life-governing processes return to normal and a natural detoxification process occurs.

It is important, when committing to NES therapy, to also make a health commitment to yourself - namely to identify and avoid the causes of your health problems. Your NES practitioner is there to support you in this commitment and to work with you to identify the possible causes of any concerns which come to light.



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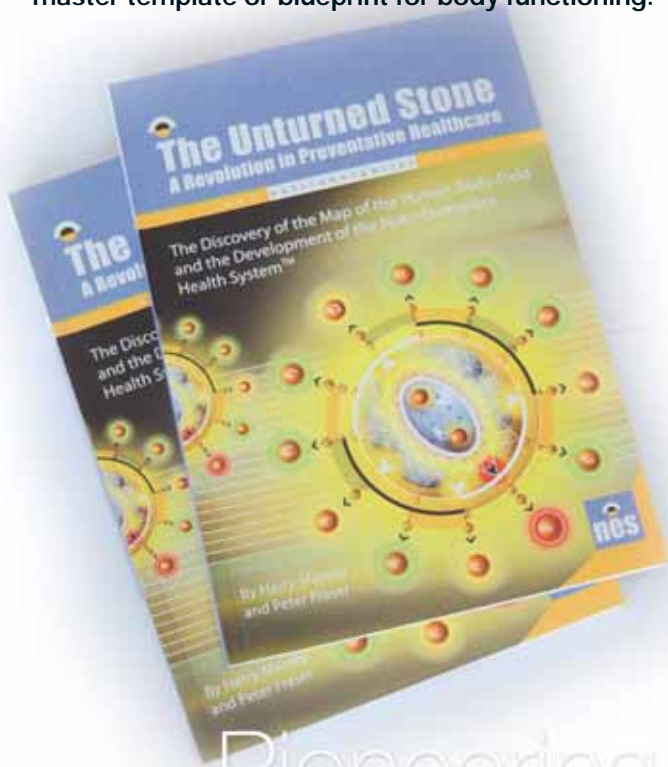
Your 'Human Body Field'

Central to the NES system is the concept of the 'human body field' and its vital role in maintaining life processes, rebuilding the body and healing.

This 'human body field' has been identified by biophysics scientists as an integral part of our being and oversees the co-ordination and regulation of our physical body, chemical reactions, emotional balance, mental functions, energetic systems and memory.

In Broad Terms...

...the 'human body field' is the master control mechanism which transforms chemistry into biological life and has remained, up to recently, uncharted by science. Some people refer to it as the 'software' of the body, the instructions on how to function and react. Others refer to it as the master template or blueprint for body functioning.



The Unturned Stone

The 'human body field' can be considered as a road map, but, instead of directing people on their journey, it directs information around the body to govern and co-ordinate activity. The 'human body field' is, in essence, an intelligent information control mechanism.

The state of your 'human body field' is always changing - it is dynamic and reacts to what you are exposed to physically and emotionally, even to your thoughts. The 'human body field' also records layer after layer of information about everything which has happened to you.

The exact workings and nature of the 'human body field' are highly complex and are based on 'quantum electro dynamics' theory. If you would like to know more, please refer to the NES website or read the book 'The Unturned Stone' - your practitioner should have this in stock.

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Your NES Practitioner's Details: