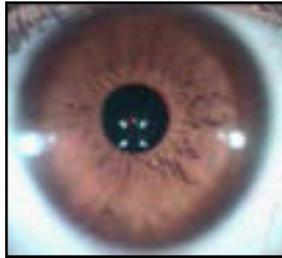


Iris Structure: Clues to Health of Body and Mind

From Dr. Ralph Wilson: www.NaturalWorldHealing.com

"The eyes are the window of the soul," and "The eye is the lamp to the body": These phrases highlight the importance of these two parts of our body. Throughout history many doctors and clinicians have made observations of correlations between iris structure and physical and mental/behavioral characteristics. Iris structure has been examined by doctors of Traditional Chinese Medicine and Ayurvedic Medicine, as well as western practitioners since Dr. von Peczely made his observations in 1837. These are important times for humanity because we are now developing the scientific understanding of how earlier successful medical systems worked. In the practice of integrative medicine it is important to consider the potential usefulness of iridology. Dr. Wilson employs iris photos to find "clues" to potential weakness or stresses on structures, as well as hints at innate physiological and neurobehavioral characteristics of the individual.



Resources:

International Iridology Practitioners Association:
www.IridologyAssn.org

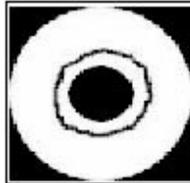
Canadian Neuro-Optic Research Institute:
www.CNRI.edu

Elective: Iris Analysis -- Bastyr University:
www.Bastyr.edu

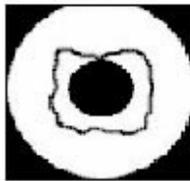
Traditional Chinese Medicine has organ-meridian correlations in the area of the eye. Microcircuits in the eye are described by Dr. Hoy Ping Yee Chan, Windows of Health: Ocular Acupuncture.

The Rayid model is based on organ-emotion associations; www.Rayid.com [I hope someday it will be expanded for wider use by counselors & health care practitioners]

Possible research topics: The "Autonomic Nerve Wreath" (formed by the inner ends of the upper layer of iris fibers) has been correlated with, 1) A person's emotional state and stress level; 2) There is a specific sign that has been declared as one of impending cardiac event. Further study is indicated. Contact www.CNRI.edu



Autonomic Nerve Wreath (ANW). **Ideal:** A balanced wreath suggests a positive influence on bowel behavior. From Canadian Neuro-Optic Research Institute



Stressed: Indicates prolapsus of transverse colon with tendency to cause pressure in lower abdominal organs. "Psychological implications such as psychoneurotic difficulties may be found."

Neuro-Behavioral Correlations:

Sources include Traditional Chinese Medicine associations of organ meridians and emotions, and the "Rayid" system of "emotional iridology" described by Denny Ray Johnson in his book What the Eye Reveals.

"The future will prove Rayid a leader in counseling techniques. Using it along with what we know about human behavior, we can more wholly problem-solve and integrate questions on educational, career and marital choices and how to change personal, familial or parental attitudes and behavior." -- Dr. Hester Lewis, Harvard Medical School, School of Psychiatry

Models that describe the clinical experience of iridologists and other health care practitioners.

